

# **Title of report: Update to the board on the Good Mental Wellbeing throughout lifetime Implementation Plan**

**Meeting: Health and Wellbeing Board**

**Meeting date: Monday 9 December 2024**

**Report by: Kristan Pritchard, Public Health Lead**

## **Classification**

Open

## **Decision type**

This is not an executive decision

## **Wards affected**

(All Wards);

## **Purpose**

To provide an update on the progress of the implementation plan for the board's strategic priority of 'Good Mental Wellbeing (GMW) throughout Lifetime', attached as Appendix 1.

## **Recommendation(s)**

**That:**

- a) That the board considers the report, updated implementation plan and notes progress to date; and**
- b) That the board considers how to ensure that all partnership organisations are clearly sighted on the implementation plan and expected outcomes and references these across their own strategies and plans: both for adults and children and young people.**

## **Alternative options**

1. The board could choose not to adopt and support the plan but this is key to demonstrating delivery of the actions and supporting Good Mental wellbeing.

## **Key considerations**

2. The purpose of the GMW implementation plan is to specify the actions and activity that will improve mental wellbeing across the county.
3. There has been a considerable amount of engagement and development since the last update to the board in June 2024.
4. The Mental Health Needs Assessment (MHNA) epidemiological findings to date have been considered in the development of the GMW implementation plan. This includes findings from the community wellbeing survey and children and young people survey.
5. Leads from across a range of partners and including council colleagues have been identified and confirmed against the actions listed in the implementation plan.
6. Each action has been 'made smarter' or modified slightly to ensure that meaningful, measurable targets are able to be set.
7. Targets for each action have been set and strategic leads provide an update ahead of the Adult Better Mental Health Partnership Board.
9. A comprehensive 'performance monitoring framework' has been developed and shared with the Adult Better Mental Health Partnership Board. Actions relating to CYP emotional health and wellbeing report to this group as a standing item. This is the board with oversight of the plan.
10. The 'outcomes dashboard' requires additional work with our partners to ensure that the 'actions, targets and outcomes' sequence is aligned, with each of these being ambitious but realistic within specified timescales and measurable.
11. Reporting to One Herefordshire Partnership is scheduled to take place prior to the Health and Wellbeing Board meetings.
12. There is continued commitment and enthusiasm for GMW from partners and a desire to ensure that all partnership organisations are clearly sighted on the implementation plan and reference it across their own strategies and plans.
13. The action plan (Appendix 1) has been RAG rated, to clearly demonstrate progress against targets.

## **Community impact**

14. The purpose of the GMW implementation plan is to specify the actions and activity that will improve the wellbeing of Herefordshire residents. One of the key principles upon which the Joint Local Health and Wellbeing strategy (JLHWBS) was developed was that of involving our communities in any actions that are proposed which will be enhanced by the Herefordshire Together initiative. The plan will also support the ambitions of the Council plan specifically, supporting all residents to live healthy lives within their communities, enable people to support themselves and each other by providing the right help at the right time, and work with residents and partners to build connected and resilient communities.

## **Environmental impact**

15. There are no general implications for the environment arising from this report; however the plan includes support to increase physical activity including through active travel which may have a positive environmental benefit.

## Equality duty

16. Under section 149 of the Equality Act 2010, the 'general duty' on public authorities is set out as follows:

A public authority must, in the exercise of its functions, have due regard to the need to –

- a) eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under this Act;
  - b) advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it;
  - c) foster good relations between persons who share a relevant protected characteristic and persons who do not share it.
17. The public sector equality duty (specific duty) requires us to consider how we can positively contribute to the advancement of equality and good relations, and demonstrate that we are paying 'due regard' in our decision making in the design of policies and in the delivery of services.
18. The principles of equality and the reversal of health inequalities are key strands of the plan. The (Mental Health Needs Assessment) MHNA will provide an assessment of our system need and our ongoing engagement with a wide range of partners will also support this. An Equality Impact assessment has been undertaken with the current action plan and will be regularly reviewed as we progress our activity.
19. The plan calls for intervention by working together at system, place, and community levels to tackle issues reflecting whole system priorities as well as specific concerns at the right scale. The plan will consider population needs and target relevant activity to this.

## Resource implications

20. There are no resource implications associated with this report. However, the resource implications of any recommendations made by the HWBB will need to be considered by the responsible party in response to those recommendations or subsequent decisions.

## Legal implications

21. In accordance with Health and Social Care Act 2012, Health and Wellbeing Boards are responsible for encouraging integrated working between health and social care commissioners, including partnership arrangements such as pooled budgets, lead commissioning and integrated provision.
22. The functions of the Health and Wellbeing Board are set out in paragraph 3.5.24 of the constitution.

## Risk management

| <u>Risk</u>   | <u>Mitigation</u>   |
|---|---|
| That funding for certain initiatives within the plan will not be continued or have reduced budget implications. | Continue to raise awareness and evidence outcomes from the initiatives to ensure continued funding. |

23. There are no risk implications identified emerging from the recommendations in this report. However, the delivery of these plans require system and collaborative working across all partners. Where possible, we have identified where activity is funded, but given the fiscal position across partners these will need to be kept under review.

## **Consultees**

24. Consultation on action planning and setting targets undertaken with the Adult Better Mental Health Partnership Board and 1HP and action leads identified.

## **Appendices**

Appendix 1: GMW implementation plan

Appendix 2: Presentation, GMW throughout life, December update

## **Background papers**

None identified.

## **Glossary of terms, abbreviations and acronyms**

ABMHPB –Adult Better Mental Health Partnership Board

GMW – Good Mental Wellbeing

JLHWBS – Joint Local Health and Wellbeing strategy

1HP – One Herefordshire Partnership

MHNA – Mental Health Needs Assessment